

A.J. Flammer

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2023-2024 Best Times									
2024-2025 Best Times		2:55.50		37.35		1:23.01		1:35.67	1:41.07
2025-2026 Best Times		2:37.98	2:46.68	26.92		1:09.11	6:28.67	1:21.14	1:26.83

2023-2024 2024-2025 2025-2026 2026-2027

