

Ian Flammer

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times		2:28.35	2:45.30	29.22	1:20.16	1:03.42	6:49.83	1:20.58	1:19.55
2023-2024 Best Times		2:17.22	2:35.86	28.19	1:11.06	1:01.92	6:08.17	1:19.10	1:17.09
2024-2025 Best Times		2:07.09	2:31.24	26.70	1:10.67	57.93	5:50.69	1:15.26	1:12.43
Mustang Invite	11-01-2025					58.15		1:17.69	
Greg Fernley Invite 20	11-07-2025	2:07.50							1:14.72
Region Invite 2025	11-21-2025			27.84			6:11.65		
Bingham Invitational	11-22-2025		2:28.13			56.32			
North Region Invitatio	12-12-2025			26.91	1:11.98				
Orem v Ridgeline	12-19-2025			27.34		58.17			1:16.73
SHS Holiday Invite	12-20-2025			26.84		57.81			1:14.86
Quad Meet 8Jan2026 - c	01-08-2026	2:11.89				58.15			
2026 Highland Invitati	01-09-2026			26.48				1:13.68	
Ridgeline vs. Bear Riv	01-22-2026			26.78			5:59.03		
Region 11 Championship	01-29-2026					55.76			1:12.01

2022-2023 2023-2024 2024-2025 2025-2026

