

Liz Valenzuela

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times				43.25		1:38.89		2:29.17	
GHSspookymeet25	10-31-2025			48.00		1:55.90			
Pirate Pentathlon	11-01-2025			47.76					
Richard Coston Invitat	11-07-2025			47.76		1:48.20			
West Jordan & Stansbur	11-13-2025			53.28					3:08.21
Region Invite 2025	11-21-2025			32.11		1:48.13			
North Region Invitatio	12-12-2025			44.39		1:42.84			
Stansbury vs Skyview	01-07-2026			45.67		1:47.79			
2026 THS Senior Night	01-14-2026			46.00		1:45.54			
TC-Tri Meet 26	01-17-2026			44.49		1:44.80			

2022-2023 2023-2024 2024-2025 2025-2026

