

Lanie Seal

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2023-2024 Best Times									
2024-2025 Best Times		3:00.85		29.25		1:06.08			
2025-2026 Best Times		2:31.28		28.02		1:00.24	7:04.07		

2023-2024 2024-2025 2025-2026 2026-2027

