

Kiana Diessner

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2023-2024 Best Times									
2024-2025 Best Times		3:19.52		30.98		1:07.94	8:51.17	1:33.03	
2025-2026 Best Times		2:52.62		30.31		1:07.69	8:15.19	1:22.09	

2023-2024 2024-2025 2025-2026 2026-2027

