

Seamus Milligan

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
Pirate Pentathlon	11-01-2025					1:02.60			1:20.31
Greg Fernley Invite 20	11-07-2025	2:20.73						1:11.64	
West Jordan & Stansbur	11-13-2025		2:35.19	28.98			6:29.91		
Hillcrest vs Cyprus	11-20-2025								1:21.01
West & Clearfield at C	12-04-2025					1:00.43			1:17.52
Cyprus @ Tooele	12-09-2025			28.27				1:11.11	
Kearns at Cyprus	12-11-2025					1:02.68		1:13.38	
Cyprus vs Hunter	01-08-2026	2:16.09							1:16.65
Mountain Ridge at Cypr	01-14-2026					59.04			1:18.16
Taylorville HS vs. Cy	01-15-2026			27.85				1:11.59	
Granger at Cyprus	01-29-2026						6:08.91		1:19.35
Region 4 Championships	02-06-2026	2:08.30					5:58.22		

2022-2023 2023-2024 2024-2025 2025-2026

