

Cassidy Oswald

| Meet                   | Date       | 200 Free | 200 I.M. | 50 Free | 100 Fly | 100 Free | 500 Free | 100 Back | 100 Breast |
|------------------------|------------|----------|----------|---------|---------|----------|----------|----------|------------|
| 2022-2023 Best Times   |            |          |          |         |         |          |          |          |            |
| 2023-2024 Best Times   |            | 2:30.33  |          | 30.04   |         | 1:08.14  |          | 1:17.79  |            |
| 2024-2025 Best Times   |            | 2:24.28  |          | 30.47   |         | 1:05.96  | 6:50.48  | 1:15.27  |            |
| Green Canyon @ Bear Ri | 11-04-2025 |          |          |         |         | 1:06.91  |          | 1:18.96  |            |
| 2025 Wolves Time Trial | 11-13-2025 |          | 2:56.77  |         | 1:32.86 |          |          | 1:16.66  |            |
| Region Invite 2025     | 11-21-2025 |          |          | 29.41   |         | 1:05.75  | 6:44.43  |          |            |
| Bingham Invitational   | 11-22-2025 | 2:19.42  |          | 28.97   |         | 1:02.24  |          |          |            |
| North Region Invitatio | 12-12-2025 | 2:26.12  |          |         |         |          |          | 1:16.81  |            |
| 25-26 Sentinel Invite  | 12-13-2025 |          |          | 29.41   |         |          |          |          |            |
| sundevilsfri26@grand   | 01-02-2026 | 2:24.07  |          |         |         | 1:04.72  |          |          |            |
| sundevilssat26@grand   | 01-03-2026 | 2:25.16  |          |         |         |          |          | 1:16.98  |            |
| Quad Meet 8Jan2026 - c | 01-08-2026 |          |          | 29.87   |         |          | 6:48.49  |          |            |
| 2025-26 Wolves Distanc | 01-10-2026 | 2:25.42  | 2:51.28  |         |         | 1:04.81  |          |          |            |
| 2025-26 Last Chance    | 01-24-2026 |          |          | 28.97   |         |          |          | 1:14.08  |            |
| Region 11 Championship | 01-29-2026 | 2:21.05  |          |         |         | 1:02.44  |          |          |            |
| 4A Utah High School St | 02-13-2026 | 2:19.38  |          |         |         | 1:01.82  |          |          |            |

2022-2023 2023-2024 2024-2025 2025-2026

