

Charles Yost

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
Green Canyon @ Bear Ri	11-04-2025			37.03		1:32.98			
2025 Wolves Time Trial	11-13-2025							1:47.16	1:48.72
Region Invite 2025	11-21-2025			34.53				1:43.28	
Bingham Invitational	11-22-2025					1:20.69			1:46.35
North Region Invitatio	12-12-2025			33.62		1:20.80			
25-26 Sentinel Invite	12-13-2025			33.93					
sundevilsfri26@grand	01-02-2026			33.65				1:30.92	
sundevilssat26@grand	01-03-2026	2:48.28				1:12.78			
Quad Meet 8Jan2026 - c	01-08-2026					1:14.25			1:39.72
2025-26 Wolves Distanc	01-10-2026	2:47.02					7:49.18		
2025-26 Last Chance	01-24-2026	2:41.65				1:13.16			
Region 11 Championship	01-29-2026	2:40.77				1:14.67			

2022-2023 2023-2024 2024-2025 2025-2026

