

Enoch Cook

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times				30.22		1:11.81			1:30.75
25-26 Westlake @ Herri	11-04-2025			27.75		1:02.68			
Greg Fernley Invite 20	11-07-2025			26.91					
Cedar Valley & West La	11-13-2025	2:25.05				1:02.82			
Riverton vs Westlake	11-18-2025			27.43		1:04.63			
Alpine Distrcit Invite	12-13-2025			27.26		1:01.49			
Westlake @ Kearns	12-16-2025	2:30.50							1:26.16
Westlake @ Bingham	01-06-2026	2:20.96				1:01.45			
Westlake HS @ Copper H	01-08-2026	2:28.82		27.42		1:00.80			
Senior Meet 2026	01-23-2026			27.57		1:00.93			
Region 2 Championship	01-30-2026	2:13.96				58.74			

2022-2023 2023-2024 2024-2025 2025-2026

