

Avery Ningcharoen

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times				33.54		1:19.03		1:29.59	
2024-2025 Best Times				31.89		1:14.64		1:24.17	
25-26 Westlake @ Herri	11-04-2025			30.76		1:13.92			
Cedar Valley & West La	11-13-2025			30.99		1:13.50			
Riverton vs Westlake	11-18-2025			30.52					
Westlake @ Kearns	12-16-2025			30.66				1:22.70	
Senior Meet 2026	01-23-2026			35.16					
Region 2 Championship	01-30-2026			30.75				1:22.28	

2022-2023 2023-2024 2024-2025 2025-2026

