

Kara Widdison

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2023-2024 Best Times				40.17		1:38.97		1:41.32	
2024-2025 Best Times		3:07.88	3:31.68	35.79	1:54.44	1:18.75	8:36.07	1:30.62	1:44.14
2025-2026 Best Times		3:05.93	3:25.27	34.33	2:10.04	1:18.14	8:19.03	1:30.10	1:39.92

2023-2024 2024-2025 2025-2026 2026-2027

