

Kate Flygare

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times		3:14.52		37.03		1:19.24	8:25.43	1:55.12	1:36.72
2024-2025 Best Times		2:52.07	3:10.05	31.49		1:14.72		1:36.46	1:27.08
NS @ SS	11-04-2025	2:53.85							1:33.47
season kickoff fri@gra	11-14-2025	2:48.75		1:18.10					1:30.68
season kickoff Saturda	11-15-2025					1:15.56			1:33.00
Morgan @ South Summit	11-19-2025					1:15.10			1:30.76
Rowland Hall, Maeser @	12-04-2025			36.96	1:46.97		8:14.12		
Millard @ South Summit	12-09-2025			33.25					1:30.04
Grand @ South Summit	12-12-2025		3:08.14					1:35.93	
THS Mel Roberts Invita	12-19-2025					1:12.15			1:29.11
Cottonwood @ Pc 25-26	01-07-2026			34.31		1:14.28			1:34.56
RH @ SS	01-08-2026			32.61		1:14.26			
Union @ SS	01-13-2026			35.64		1:18.36			1:30.74
East, Rowland Hall, So	01-15-2026					1:19.02			1:30.78
Union & South Summit v	01-22-2026								1:29.35
2A Northern Region 202	01-29-2026		3:02.66						1:27.23
2A Utah High School St	02-12-2026		2:47.34						1:23.81

2022-2023 2023-2024 2024-2025 2025-2026

