

Kade Rowser

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
NS @ SS	11-04-2025			43.42					
season kickoff fri@gra	11-14-2025			42.05		1:39.08			
season kickoff Saturda	11-15-2025			43.44				2:00.60	
Morgan @ South Summit	11-19-2025			42.67		1:35.04			
Rowland Hall, Maeser @	12-04-2025	3:21.84		37.91					
Millard @ South Summit	12-09-2025			37.69			8:54.18		
Gunnison, Richfield, an	12-16-2025			37.40			8:57.73		
THS Mel Roberts Invita	12-19-2025			36.42		1:21.67			
Cottonwood @ Pc 25-26	01-07-2026			33.42		1:21.88			
RH @ SS	01-08-2026	3:03.90					8:02.47		
2A Northern Region 202	01-29-2026	2:42.62					7:38.69		
2A Utah High School St	02-12-2026	2:35.02					6:54.20		

2022-2023 2023-2024 2024-2025 2025-2026

