

August Allred

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
Pre-Region Meet - copi	11-01-2025			32.06		1:16.77			
2025 Nebo Invitational	11-08-2025	2:41.76		31.99					
MMHS vs PHS vs SHHS	11-13-2025			30.74		1:09.70			
SHS Holiday Invite	12-20-2025			29.18		1:07.37			
Salem Hills vs SF, PG	01-15-2026	2:32.91						1:15.49	
Timpview vs. Springvil	01-22-2026			28.80				1:12.63	
Senior Night	01-27-2026			28.60				1:12.32	
Region 7 Swim Champion	02-07-2026			27.41				1:08.28	

2022-2023 2023-2024 2024-2025 2025-2026

