

Ryker Lawrenson

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times		2:54.90		30.88		1:10.62			1:39.31
2023-2024 Best Times		2:42.39		28.64		1:05.30			
2024-2025 Best Times		2:30.58		27.64		1:03.39			
Pre-Region Meet - copi	11-01-2025			28.53		1:06.14			
2025 Nebo Invitational	11-08-2025	2:43.07				1:07.75			
MMHS vs PHS vs SHHS	11-13-2025			29.19		1:07.21			
2025 Thanksgiving Invi	11-21-2025			28.28					
SHS Holiday Invite	12-20-2025			28.33		1:04.87			
Red Rock Sprint Meet	01-09-2026			29.49					
Red Rock Invite	01-10-2026			28.02		1:05.65			

2022-2023 2023-2024 2024-2025 2025-2026

