

Takoma Ruppe

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
Pre-Region Meet - copi	11-01-2025			29.76		1:07.67		1:15.47	
2025 Nebo Invitational	11-08-2025		2:57.96	30.41					
MMHS vs PHS vs SHHS	11-13-2025	2:37.31				1:07.00			
2025 Thanksgiving Invi	11-21-2025			30.71				1:14.55	
PHS v SHS, Union and M	12-11-2025			30.69		1:07.67		1:14.71	
Red Rock Sprint Meet	01-09-2026			29.87					
Red Rock Invite	01-10-2026					1:06.80		1:13.83	
Salem Hills vs SF, PG	01-15-2026				1:25.43			1:14.27	
Senior Night	01-27-2026		2:50.82				6:56.79		
Region 7 Swim Champion	02-07-2026		2:40.87					1:09.92	
5A Utah High School St	02-20-2026		2:43.38					1:10.04	

2022-2023 2023-2024 2024-2025 2025-2026

