

James Sayre

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times		2:17.31	2:30.83	27.65	1:15.75	1:03.11	5:45.26	1:07.17	1:23.53
2024-2025 Best Times		2:07.72	2:22.96	26.23	1:11.78	59.03	5:31.44	1:02.97	1:19.48
Pre-Region Meet - copi	11-01-2025			25.93					1:19.92
2025 Nebo Invitational	11-08-2025		2:20.17				5:28.16		
Lehi vs Spansih Fork	11-14-2025	2:05.99			1:07.02				
Salem, SF, TV @pg	12-10-2025	2:07.42				57.11			
TV, SF, Maeser@MVHS	12-17-2025						5:31.75		1:19.23
SHS Holiday Invite	12-20-2025			25.97				1:02.05	
Timpview Invite 2026	01-02-2026						5:20.39	1:00.32	
PROVO VS SPANISH FORK	01-10-2026				1:08.24	57.20			
Salem Hills vs SF, PG	01-15-2026	2:04.33				56.78			
Salem Hills vs Maple M	01-22-2026		2:18.61				5:31.70		
Last Chance Invitation	01-24-2026			26.91	1:08.78				
Region 7 Swim Champion	02-07-2026						5:21.00	59.83	
5A Utah High School St	02-20-2026					58.17	5:20.96	1:00.99	

2022-2023 2023-2024 2024-2025 2025-2026

