

Anders Holm

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times				34.63		1:16.42			1:49.02
2024-2025 Best Times				30.62		1:14.88			1:41.83
Pre-Region Meet - copi	11-01-2025			31.59		1:18.64			
2025 Nebo Invitational	11-08-2025			31.80		1:15.75			
CDRV v MM v SPRV - cop	11-22-2025			32.62		1:18.88			
PHS v SHS, Union and M	12-11-2025			31.65		1:15.70			
Timpview Invite 2026	01-02-2026			33.29		1:14.96			
Salem Hills vs Springv	01-08-2026			31.75		1:15.51			
2526 Weber and Springv	01-13-2026			30.58					
Timpview vs. Springvil	01-22-2026			30.84		1:14.34			
Region 7 Swim Champion	02-07-2026			30.39		1:09.51			

2022-2023 2023-2024 2024-2025 2025-2026

