

Lana Nord

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2023-2024 Best Times		2:16.34	2:50.82	29.73		1:01.80	6:47.03	1:10.84	
2024-2025 Best Times		2:11.90	2:34.66	28.25	1:16.52	59.81	6:21.72	1:08.28	1:21.30
2025-2026 Best Times		2:09.17	2:30.05	27.69	1:14.57	58.72	6:20.33	1:07.09	1:21.52

2023-2024 2024-2025 2025-2026 2026-2027

