

Spencer Richards

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
Pre-Region Meet - copi	11-01-2025		2:27.58			1:00.23			
2025 Nebo Invitational	11-08-2025	2:12.21						1:09.90	
SPRV v PG SF	11-19-2025	2:09.98					5:59.10		
CDRV v MM v SPRV - cop	11-22-2025		2:25.89	27.08					
PHS v SHS, Union and M	12-11-2025		2:26.05						1:20.79
SHS Holiday Invite	12-20-2025	2:08.73			1:10.80				
Timpview Invite 2026	01-02-2026			25.56			5:51.40		
Salem Hills vs Springv	01-08-2026	2:05.79				57.07			
2526 Weber and Springv	01-13-2026						5:51.13		
Timpview vs. Springvil	01-22-2026		2:23.03			57.76		1:07.51	
Region 7 Swim Champion	02-07-2026		2:21.74				5:38.59		
5A Utah High School St	02-20-2026						5:35.47		

2022-2023 2023-2024 2024-2025 2025-2026

