

Ellie Long

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times		2:13.96	2:35.79	28.79	1:04.15	1:03.41	5:31.94	1:09.78	1:25.67
2024-2025 Best Times		2:08.77	2:29.72	29.15	1:03.40	59.91	5:23.97	1:09.59	1:24.39
Pre-Region Meet - copi	11-01-2025				1:03.88	1:01.22	5:28.50		
MMHS vs PHS vs SHHS	11-13-2025	2:05.42		28.31			5:30.11		
CDRV v MM v SPRV - cop	11-22-2025				1:03.63			1:06.80	
PHS v SHS, Union and M	12-11-2025		2:23.88						1:21.61
SHS Holiday Invite	12-20-2025			28.76	1:04.73		5:30.58		
Salem Hills vs Springv	01-08-2026	2:06.40						1:07.21	
Cedar Jan Senior Meet	01-16-2026		2:24.74				5:26.60		
Salem Hills vs Maple M	01-22-2026	2:05.50				1:00.83		1:07.93	
Region 7 Swim Champion	02-07-2026				1:03.02		5:24.02		
5A Utah High School St	02-20-2026				1:03.46	59.75	5:19.06		

2022-2023 2023-2024 2024-2025 2025-2026

