

Sophia LaFleur

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times		4:01.41	3:15.57	45.23		1:51.94	10:45.95	1:49.93	2:33.44
2024-2025 Best Times		3:16.74		37.65	1:46.85	1:30.86	8:45.66	1:30.89	
GHSspookymeet25	10-31-2025	3:15.89						1:33.29	
Ben Lomond @ LHS	11-06-2025			39.94		1:31.67			
Taylorsville HS vs. Fr	11-13-2025		3:35.15			1:29.64			
OHS, SJ, Union @ BLHS	11-18-2025	3:16.00						1:33.90	
GHS Region Invite 2025	12-05-2025			38.64			8:44.20		
Logan @ Ben Lomond	12-09-2025				1:41.60				2:15.68
MHS @ BLHS	12-16-2025			39.01			8:45.73		
BenLomand vs Granger	01-08-2026			38.61	1:42.05	1:31.95			
GHS @ BLHS	01-13-2026		3:42.73				8:45.52		
Region 12 Championship	01-30-2026				1:38.35			1:33.55	
3A Utah High School St	02-13-2026				1:37.70				

2022-2023 2023-2024 2024-2025 2025-2026

