

James Harris

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times		2:21.38	2:40.90	26.56	1:10.87	1:00.50	6:08.97	1:16.07	1:30.45
2023-2024 Best Times									
2024-2025 Best Times		2:09.10	2:39.74	26.06	1:10.73	56.42	5:59.09	1:13.68	1:29.95
GHSspookymeet25	10-31-2025	2:15.13					6:27.45		
Morgan and St Josephs	11-06-2025		2:39.48			59.01			
OHS, SJ, Union @ BLHS	11-18-2025					59.85		1:12.98	
2025 Thanksgiving Invi	11-21-2025	2:10.11				57.43			
GHS Region Invite 2025	12-05-2025			25.29			6:16.48		
Bonn, Roy, SJ @ Ogden	12-09-2025		2:47.72						1:31.74
City County Championsh	12-13-2025	2:13.90				57.21			
Bear River vs. Ogden	12-18-2025			25.41	1:06.74			1:17.97	
Ogden@ Logan 1/15/26	01-15-2026	2:13.56				57.87			
Rowland Hall, Desert P	01-22-2026	2:11.61				56.24			
Region 12 Championship	01-30-2026	2:11.16				56.45			
3A Utah High School St	02-13-2026	2:07.77				55.40			

2022-2023 2023-2024 2024-2025 2025-2026

