

Henry M Poulson

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times				30.79		1:09.12			
2023-2024 Best Times		2:20.35	2:44.36	27.58		1:02.71	6:36.46		
2024-2025 Best Times		2:06.82	2:29.66	26.70		57.31		1:07.35	
LP, PG @ AF	11-05-2025	2:09.36				58.96			
Pre-Region 3 Invite	11-20-2025	2:12.60					5:59.53		
SKR,AF,HRM@CDRV	01-07-2026					59.20		1:09.23	
AF & CC @ Kearns	01-14-2026	2:13.83					6:28.92		
LP, AF @ PG 2026	01-21-2026	2:10.55					6:10.52		

2022-2023 2023-2024 2024-2025 2025-2026

