

Sophie Nelson

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
LP, PG @ AF	11-05-2025					1:20.62			1:38.85
Riverton, Skyridge, &	11-12-2025			35.40					
Pre-Region 3 Invite	11-20-2025			35.17					1:37.01
LP, AF @ PG 2026	01-21-2026			36.86		1:22.12			
Region 3 Championship	01-31-2026			35.09					1:38.38

2022-2023 2023-2024 2024-2025 2025-2026

