

Elizabeth M Ellis

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times		3:01.64		33.37		1:11.44		1:23.04	
2024-2025 Best Times				30.29		1:07.55		1:18.49	
Wasatch Kickoff Invite	11-08-2025			31.46				1:15.59	
Olympus v. Wasatch 25	11-11-2025			30.96				1:14.83	
Pre-Region 3 Invite	11-20-2025			31.69				1:16.27	
2025 Thanksgiving Invi	11-21-2025			31.44				1:18.16	
Wasatch Winter Invite	12-12-2025			33.49				1:19.38	
Red Rock Sprint Meet	01-09-2026			33.48		1:14.15			
Red Rock Invite	01-10-2026					1:10.71		1:21.22	
Morgan v. Wasatch 26	01-13-2026			32.36				1:19.48	
Union & South Summit v	01-22-2026					1:13.46		1:18.55	
Region 3 Championship	01-31-2026			32.41				1:17.14	

2022-2023 2023-2024 2024-2025 2025-2026

