

Trevor Arends

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times		2:02.37	2:22.28	25.98	1:09.21	58.51	6:05.20	1:10.06	1:16.17
Wasatch Kickoff Invite	11-08-2025	2:08.00				57.92			
Bingham @ Corner Canyo	11-13-2025						5:40.18		1:11.45
Pre-Region 3 Invite	11-20-2025		2:20.90			57.61			
Canyons District Champ	12-16-2025	2:04.70							1:13.29
Juan Diego @ Corner Ca	01-07-2026			25.57		56.88			
AF & CC @ Kearns	01-14-2026	2:03.39					5:42.87		
Alta @ Corner Canyon26	01-22-2026			26.35					1:14.78
Region 3 Championship	01-31-2026	1:57.18				54.85			
6A Utah High School St	02-20-2026	1:59.80							

2022-2023 2023-2024 2024-2025 2025-2026

