

Emily Meadows

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
Corner Canyon @ Rivert	11-05-2025			29.85				1:14.28	
Wasatch Kickoff Invite	11-08-2025			29.99					1:26.01
Bingham @ Corner Canyo	11-13-2025					1:06.77		1:15.47	
Pre-Region 3 Invite	11-20-2025	2:28.92						1:15.04	
Canyons District Champ	12-16-2025			30.48		1:06.18			
Juan Diego @ Corner Ca	01-07-2026			29.75				1:13.41	
AF & CC @ Kearns	01-14-2026					1:06.85		1:13.56	
Alta @ Corner Canyon26	01-22-2026		2:50.67			1:06.29			
Region 3 Championship	01-31-2026					1:05.30		1:12.64	

2022-2023 2023-2024 2024-2025 2025-2026

