

Ben Cram

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
Greg Fernley Invite 20	11-07-2025			31.99					
Cedar Valley & West La	11-13-2025					1:12.70			1:28.43
Mountain Ridge @ Brigh	11-14-2025			34.85					
25-26 Jordan District	11-21-2025			30.83					1:22.86
Mtn Ridge, Copper Hill	12-02-2025		3:17.89					1:39.85	
Wasatch Winter Invite	12-12-2025	2:43.67							1:22.45
25-26 Sentinel Invite	12-13-2025			30.58		1:12.34			
25-26 Farmington @ MRH	12-16-2025		3:10.16	30.97			7:37.53		
Timpview Invite 2026	01-02-2026			29.13					1:20.06
Region 2 Championship	01-30-2026			29.52					1:17.39

2022-2023 2023-2024 2024-2025 2025-2026

