

Emily Grossarth

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times		2:29.49	2:58.83	28.81	1:19.66	1:02.59	6:54.58	1:36.04	
2023-2024 Best Times		2:18.17	2:39.47	27.97	1:08.98	1:02.40	6:05.18	1:20.15	1:27.54
2024-2025 Best Times		2:11.22	2:21.60	26.98	1:07.57	59.49	6:01.08	1:14.07	1:15.19
Greg Fernley Invite 20	11-07-2025		2:24.44		1:07.99	59.81			
Cedar Valley & West La	11-13-2025	2:18.11		27.17				1:16.31	
Mountain Ridge @ Brigh	11-14-2025					1:01.36			1:18.06
25-26 Jordan District	11-21-2025			27.01			6:19.35		1:18.48
25-26 Turkey Bowl	11-25-2025			27.05	1:08.22				
Mtn Ridge, Copper Hill	12-02-2025				1:07.89	1:00.84		1:13.81	
25-26 Farmington @ MRH	12-16-2025			27.24		1:00.23			
Timpview Invite 2026	01-02-2026			26.97					1:16.14
2026 Highland Invitati	01-09-2026		2:30.24	27.48	1:09.22				
Mountain Ridge at Cypr	01-14-2026			27.61			6:06.86		
25-26 Alta vs MRHS	01-20-2026	2:15.01				1:00.72			
Region 2 Championship	01-30-2026		2:26.56			58.26			1:14.92
6A Utah High School St	02-20-2026					59.67			1:18.06

2022-2023 2023-2024 2024-2025 2025-2026

