

Lily Spagnolo

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times		2:18.63	2:29.81	27.13	1:11.07	1:01.12	6:27.42	1:13.93	1:19.27
2024-2025 Best Times		2:15.66	2:30.67	27.68	1:11.00	1:01.25		1:13.93	1:21.22
Richard Coston Invitat	11-07-2025	2:27.62				1:09.14			1:24.21
2025 Thanksgiving Invi	11-21-2025			29.23					
Turkey Tuesday Meet	11-25-2025					1:22.37			1:25.29
Wasatch Winter Invite	12-12-2025			28.12		1:04.92			1:23.37
Tiger Invite 2025	12-20-2025					1:06.30			
Red Rock Invite	01-10-2026								1:23.74
Cedar Jan Senior Meet	01-16-2026					1:03.42			1:21.69
Region 9 Championship	01-31-2026			28.56					1:21.64

2022-2023 2023-2024 2024-2025 2025-2026

