

Sam Adams

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times			2:19.10	24.89	1:03.67	54.66		1:09.00	
2024-2025 Best Times		2:12.33	2:17.37		59.42	55.10			
Richard Coston Invitat	11-07-2025			24.99	1:04.39				
SPRV v PG SF	11-19-2025				1:05.04				

2022-2023 2023-2024 2024-2025 2025-2026

