

Hyrum Russell

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times		3:06.29		33.58		1:17.12			
2024-2025 Best Times		2:23.57		27.67		1:02.34	6:47.80	1:14.81	1:31.67
Richard Coston Invitat	11-07-2025	2:24.95					6:49.18		
Emery & Uintah @ Union	11-12-2025					1:03.05			
Juab, Delta, N Sanpete	11-18-2025	2:27.24						1:17.04	
Grand, Carbon@ EHS	11-25-2025	2:29.14						1:15.33	
MHS 12-2-25	12-02-2025			27.49				1:13.35	
Emery, Uintah @ Carbon	12-10-2025			26.85				1:15.26	
Union, Carbon@ EHS	12-12-2025	2:24.18					6:50.03		
THS Mel Roberts Invita	12-19-2025			26.34				1:14.22	
seniormeet26@grand	01-09-2026			26.67		1:01.75			
Cedar Jan Senior Meet	01-16-2026			26.00		1:01.73		1:09.66	
Region 13 Championship	01-30-2026						6:42.10	1:10.83	
3A Utah High School St	02-13-2026						6:29.59	1:10.99	

2022-2023 2023-2024 2024-2025 2025-2026

