

# Spencer Shaw

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
Richard Coston Invitat	11-07-2025			37.89		1:26.41			
Region 1 Time Trial 25	11-13-2025			36.15					
2025 Thanksgiving Invi	11-21-2025			35.65		1:25.18			
Davis, North @ Layton	12-02-2025			35.80				1:42.36	
Weber @ Davis	12-11-2025			33.43		1:18.42			
2025 Davis District	12-20-2025	3:07.94		34.22					
Davis @ Farmington	01-09-2026			32.51					
Davis @ Brighton	01-16-2026			31.90		1:14.56			
Syracuse @ Davis	01-20-2026			30.68		1:15.20			
Region 1 Championships	02-06-2026			30.91		1:15.75			

2022-2023 2023-2024 2024-2025 2025-2026

