

Emery Kjar

| Meet                   | Date       | 200 Free | 200 I.M. | 50 Free | 100 Fly | 100 Free | 500 Free | 100 Back | 100 Breast |
|------------------------|------------|----------|----------|---------|---------|----------|----------|----------|------------|
| 2022-2023 Best Times   |            |          |          |         |         |          |          |          |            |
| 2023-2024 Best Times   |            |          |          | 35.63   |         | 1:17.63  |          | 1:39.64  |            |
| 2024-2025 Best Times   |            |          |          | 29.77   |         | 1:06.58  | 6:33.29  |          | 1:24.34    |
| Richard Coston Invitat | 11-07-2025 | 2:18.06  |          |         |         |          | 6:19.29  |          |            |
| 11-13-25               | 11-13-2025 | 2:28.38  |          |         |         | 1:05.97  |          |          |            |
| 2025 Thanksgiving Invi | 11-21-2025 | 2:20.67  |          | 28.48   |         |          | 6:30.73  |          |            |
| winter sun fri @grand  | 12-05-2025 | 2:22.52  |          |         |         | 1:06.56  |          |          | 1:22.15    |
| winter sun sat @grand  | 12-06-2025 | 2:22.32  |          |         |         |          |          |          | 1:20.68    |
| Gunnison and Vanguard  | 12-10-2025 |          |          | 28.84   |         |          | 6:24.76  |          | 1:23.94    |
| Gunnison, Richfield,an | 12-16-2025 | 2:31.80  |          |         |         |          |          |          | 1:26.20    |
| Senior Night North San | 01-06-2026 | 2:21.42  |          | 28.70   |         |          |          |          | 1:26.44    |
| Red Rock Sprint Meet   | 01-09-2026 |          |          | 28.68   |         |          |          |          |            |
| Red Rock Invite        | 01-10-2026 |          |          | 28.33   |         |          | 6:21.55  |          |            |
| 1-13-26                | 01-13-2026 |          |          | 30.08   |         |          | 6:25.90  |          | 1:20.03    |
| Cedar Jan Senior Meet  | 01-16-2026 | 2:18.66  |          |         |         |          | 6:17.98  |          |            |
| Battle of the Paddle M | 01-20-2026 |          |          |         |         | 1:06.07  | 6:28.04  |          | 1:20.53    |
| 2A South Region        | 01-28-2026 |          |          |         |         |          | 6:25.24  |          | 1:23.57    |
| 2A Utah High School St | 02-12-2026 |          |          |         |         |          | 6:24.01  |          | 1:19.64    |

2022-2023 2023-2024 2024-2025 2025-2026

