

Kristen Hales

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times				42.25		1:45.85		2:06.84	2:29.84
2023-2024 Best Times		3:31.41		39.80		1:33.55	8:59.39	1:52.12	
2024-2025 Best Times		3:08.98	3:47.40	38.09	2:00.95	1:05.91	8:33.03	1:40.17	2:02.44
Ben Lomond @ LHS	11-06-2025			45.66		1:35.91			2:13.09
2025 Thanksgiving Invi	11-21-2025	3:12.58		38.81					
Region 12 Relays	11-25-2025	3:21.10				1:28.46			
GHS Region Invite 2025	12-05-2025			39.56		1:28.68		1:40.71	
LHS@MCHS 2025	12-18-2025			41.73			8:37.05	1:46.56	
sundevilsfri26@grand	01-02-2026			41.71				1:45.21	
sundevilssat26@grand	01-03-2026		3:50.27	40.01	2:05.28				
Ogden@ Logan 1/15/26	01-15-2026			39.79				1:45.45	
Skyview @ Logan 26	01-17-2026					1:35.26			
GHS-LHS-MOR-1-22-26	01-23-2026			37.98				1:37.96	
Region 12 Championship	01-30-2026					1:22.46			

2022-2023 2023-2024 2024-2025 2025-2026

