

# Cadence Laws

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
Olympus v. Wasatch 25	11-11-2025							1:03.90	
WX, BHS, Olympus	11-14-2025				1:05.00				
Alta at Olympus	11-24-2025		2:24.55						1:17.40
2025 Granite District	12-18-2025		2:16.61					1:00.16	
Viewmont at Olympus	01-09-2026			27.42	1:04.58				
Skyline at Olympus	01-15-2026			27.31		59.14		1:02.09	
West at Olympus	01-21-2026		2:23.00						1:18.27
Region 6 Championships	02-07-2026		2:19.33					1:00.66	
5A Utah High School St	02-20-2026		2:16.61					1:00.03	

2022-2023 2023-2024 2024-2025 2025-2026

