

Nathan Holmgren

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times				32.20		1:13.86		1:19.60	1:38.02
2023-2024 Best Times		2:19.85	2:24.79	26.66	1:07.08	1:01.16	6:26.60	1:01.16	
2024-2025 Best Times		2:06.31	2:19.04	25.39	1:01.06	54.49	6:24.94	1:03.77	1:06.24
Granger & Hunter @ Kea	11-13-2025			25.01					1:06.45
Granger at West Jordan	12-04-2025		2:21.02						1:09.42
Taylorville HS vs. Gr	12-11-2025		2:18.82			53.24			
Fremont @ Granger 12.1	12-16-2025		2:20.75						1:12.64
2025 Granite District	12-18-2025		2:16.56						1:05.66
BenLomand vs Granger	01-08-2026			24.32		55.36			
Vanguard and West @ Gr	01-15-2026					53.65			1:07.23
Hillcrest @ Granger 1.	01-22-2026					52.82			1:08.96
Region 4 Championships	02-06-2026					52.65			1:05.70
5A Utah High School St	02-20-2026					51.68			1:05.20

2022-2023 2023-2024 2024-2025 2025-2026

