

# Sawyer Russel

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
Granger & Hunter @ Kea	11-13-2025			46.80					
Kearns @ Murray	11-25-2025			38.25					1:37.51
Taylorsvillille & Hillcr	12-04-2025			37.85					1:36.92
Kearns at Cyprus	12-11-2025			35.48					1:33.68
Westlake @ Kearns	12-16-2025			34.63					1:37.33
2025 Granite District	12-18-2025			34.55					1:30.88
Kearns @ West	01-08-2026			31.86					1:27.69
W. Jordan & Bingham @	01-13-2026			31.32		1:16.97			
AF & CC @ Kearns	01-14-2026			30.96					1:26.44
Copper Hills & Bingham	01-22-2026			30.52					1:24.41
Kearns @ Brighton	01-27-2026			31.32					1:26.87
Region 4 Championships	02-06-2026			29.51					1:24.72

2022-2023 2023-2024 2024-2025 2025-2026

