

Keegan Knudsen

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times		2:14.10	2:23.54	26.12	1:03.76	57.80	6:15.92	1:13.85	1:19.98
2023-2024 Best Times		2:01.22	2:22.69	23.62	1:00.54	54.36	5:49.83	1:11.47	
2024-2025 Best Times		2:00.72	2:18.57	23.34	1:00.42	52.17	5:48.10	1:09.77	1:14.98
MMHS vs PHS vs SHHS	11-13-2025			23.45		52.76			
CDRV v MM v SPRV - cop	11-22-2025		2:24.84						1:14.23
MMHS v BHS v SFHS	12-04-2025	1:59.31						1:10.78	
PHS v SHS, Union and M	12-11-2025				1:00.48		6:01.59		
SHS Holiday Invite	12-20-2025			23.95		53.04			
Cedar Jan Senior Meet	01-16-2026			23.81		53.42			
Salem Hills vs Maple M	01-22-2026			23.26		52.22			
Region 7 Swim Champion	02-07-2026			23.20		52.39			
5A Utah High School St	02-20-2026			23.41		52.93			

2022-2023 2023-2024 2024-2025 2025-2026

