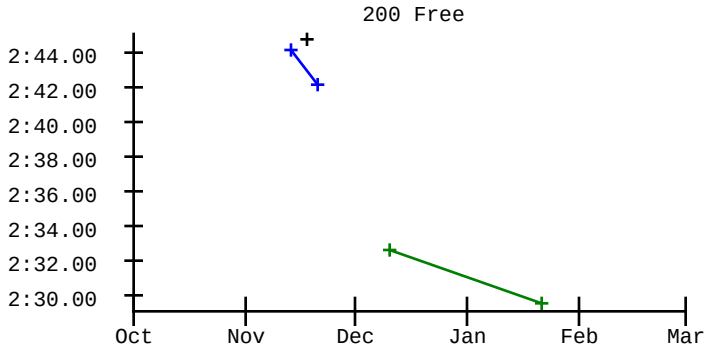
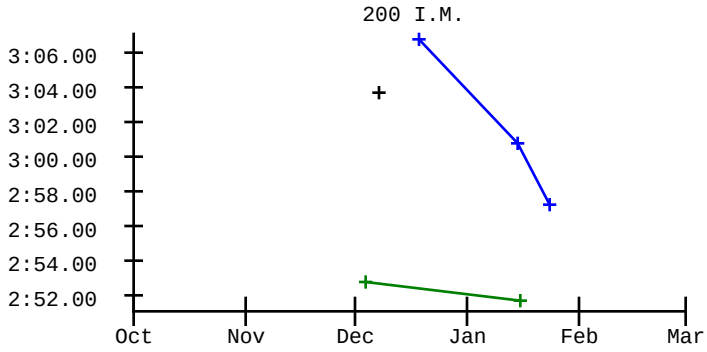
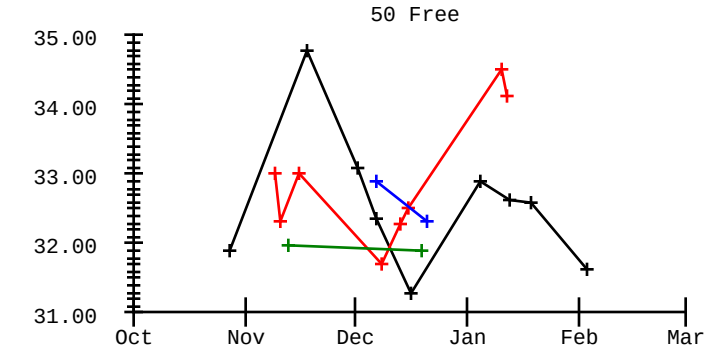
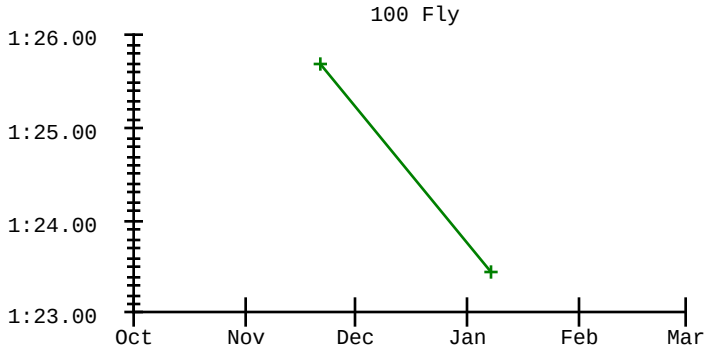
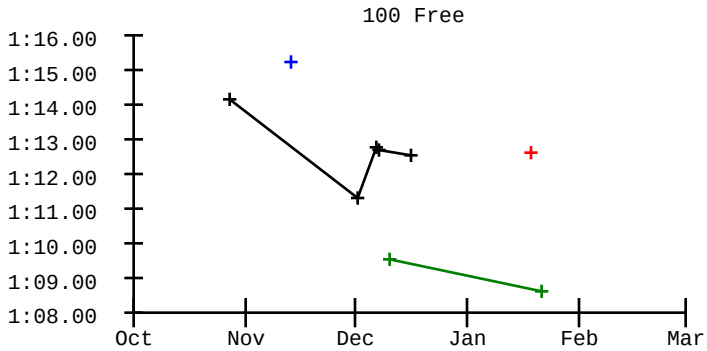
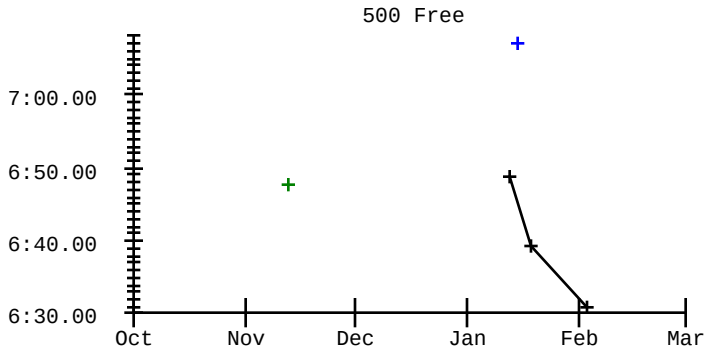
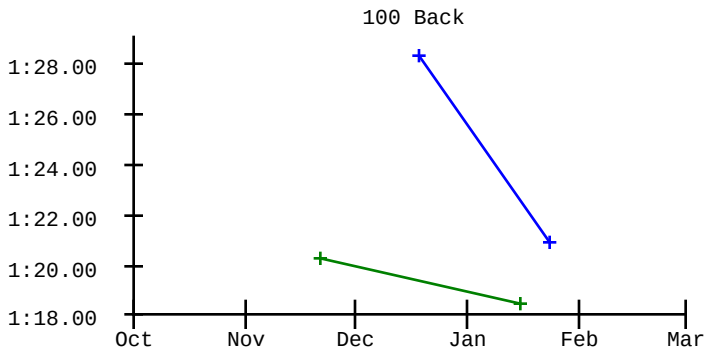
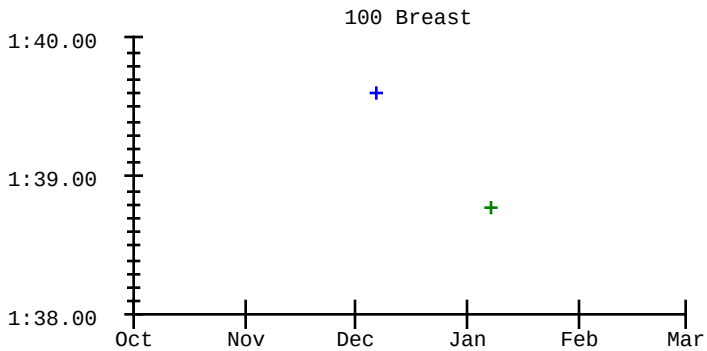
Eden Lai

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times		2:44.74	3:03.63	31.30		1:11.38	6:30.77		
2023-2024 Best Times				31.72		1:12.67			
2024-2025 Best Times		2:42.12	2:57.25	32.32		1:15.25	7:07.05	1:20.86	1:39.61
MMHS vs PHS vs SHHS	11-13-2025			31.99			6:47.73		
CDRV v MM v SPRV - cop	11-22-2025				1:25.69			1:20.25	
MMHS v BHS v SFHS	12-04-2025		2:52.83						
PHS v SHS, Union and M	12-11-2025	2:32.56				1:09.60			
SHS Holiday Invite	12-20-2025			31.89					
Salem Hills vs Springv	01-08-2026				1:23.45				1:38.77
Cedar Jan Senior Meet	01-16-2026		2:51.71					1:18.50	
Salem Hills vs Maple	01-22-2026	2:29.55				1:08.67			

2022-2023 2023-2024 2024-2025 2025-2026