

# Jackson Plowman

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
Region 1 Time Trial 25	11-13-2025			30.86					
2025 Thanksgiving Invi	11-21-2025			29.36		1:10.57			
Davis, North @ Layton	12-02-2025			29.19					1:38.83
Weber @ Davis	12-11-2025			30.16		1:22.16		1:38.53	
Davis @ Brighton	01-16-2026			29.80		1:13.57			
Syracuse @ Davis	01-20-2026	2:50.16				1:11.35			
Region 1 Championships	02-06-2026			30.36		1:09.00			

2022-2023 2023-2024 2024-2025 2025-2026

