

# Jason Kingston

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times				32.19		1:14.24	7:57.40		1:43.59
Vanguard Charter @ Cop	11-11-2025			32.21		1:16.92			
Bonneville, Roy, Vangu	12-02-2025			33.58				1:28.85	
Gunnison and Vanguard	12-10-2025	3:02.33			1:44.41				
seniormeet26@grand	01-09-2026				1:41.84				
Vanguard and West @ Gr	01-15-2026					1:17.71			
2A Northern Region 202	01-29-2026			33.94		1:20.39			
2A Utah High School St	02-12-2026	2:54.03						1:28.38	

2022-2023 2023-2024 2024-2025 2025-2026

