

Emma Goaslind

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
Highland@Jordan	11-14-2025		2:47.48	30.58					1:27.49
Jordan @ Pc 25-26	11-20-2025	2:27.28				1:06.87	6:45.38		
Quad at Timpanogos	12-04-2025				1:19.91				1:27.59
Silver Rush Invite	12-12-2025	2:25.86		30.40					
Canyons District Champ	12-16-2025				1:17.62		6:33.12		
Juan Diego @ Jordan	01-09-2026			29.92			6:29.79		
Jordan @ Murray	01-15-2026					1:04.90		1:16.36	
Cottonwood-v-Jordan	01-22-2026						6:17.18		1:24.79
Region 10 Championship	01-31-2026			29.48			6:16.67		

2022-2023 2023-2024 2024-2025 2025-2026

