

Liesel Hays

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
season kickoff fri@gra	11-14-2025			32.24					1:29.04
Nov 20 Emery Grand Man	11-20-2025	2:42.12		31.07					1:28.16
winter sun fri @grand	12-05-2025					1:18.00		1:36.36	
sundevilssat26@grand	01-03-2026			33.63					1:26.00
seniormeet26@grand	01-09-2026	2:58.34							1:23.34
Cedar Jan Senior Meet	01-16-2026			32.04					1:25.80
2A South Region	01-28-2026			30.37					1:22.27
2A Utah High School St	02-12-2026			29.13					1:19.90

2022-2023 2023-2024 2024-2025 2025-2026

