

James Thomas

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
11-13-25	11-13-2025			35.54		1:31.87			
2025 Thanksgiving Invi	11-21-2025			33.64		1:19.48			
winter sun fri @grand	12-05-2025			31.91		1:20.86			
winter sun sat @grand	12-06-2025			32.29		1:19.64			
Gunnison and Vanguard	12-10-2025			31.15		1:15.39			
Senior Night North San	01-06-2026			29.38		1:16.98		1:33.42	
Red Rock Sprint Meet	01-09-2026			29.04		1:17.47			
Red Rock Invite	01-10-2026			29.17				1:46.22	
1-13-26	01-13-2026			28.65		1:09.18			
Cedar Jan Senior Meet	01-16-2026			28.67		1:06.10			
Battle of the Paddle M	01-20-2026	2:44.07				1:12.93		1:37.67	
Last Chance Invitation	01-24-2026			30.09		1:11.17			
2A South Region	01-28-2026			28.91		1:10.97			
2A Utah High School St	02-12-2026			28.25		1:04.71			

2022-2023 2023-2024 2024-2025 2025-2026

