

James Meadows

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times				26.22		1:00.03		1:12.56	1:25.70
2024-2025 Best Times		2:19.98	2:36.70	25.80	1:20.37	58.01	7:14.07	1:10.17	
Bingham @ Corner Canyo	11-13-2025				1:12.59			1:10.59	
Pre-Region 3 Invite	11-20-2025	2:17.24				59.33			
Canyons District Champ	12-16-2025	2:15.34				58.30			
Juan Diego @ Corner Ca	01-07-2026		2:31.03					1:08.96	
AF & CC @ Kearns	01-14-2026	2:12.21						1:09.08	
Alta @ Corner Canyon26	01-22-2026			26.02			6:36.16		
Region 3 Championship	01-31-2026					56.70		1:06.00	

2022-2023 2023-2024 2024-2025 2025-2026

