

Henley Long

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
LLAC Home Opener	11-01-2025			55.65		2:04.31			
Greg Fernley Invite 20	11-07-2025			49.29		1:55.46			
Lehi vs Spansih Fork	11-14-2025			47.54		1:51.73			
Pre-Region 3 Invite	11-20-2025			47.26		1:43.49			
Alpine Distrcit Invite	12-13-2025			46.04		1:43.29			
Senior Meet 2026	01-23-2026							1:48.18	
Region 3 Championship	01-31-2026			42.89		1:36.77			

2022-2023 2023-2024 2024-2025 2025-2026

