

Remington Gough

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
Nov 20 Emery Grand Man	11-20-2025					1:09.03		1:26.22	
Manti Delta Richfield	11-25-2025			30.73		1:09.13		1:26.36	
winter sun fri @grand	12-05-2025	2:33.35				1:07.54			
winter sun sat @grand	12-06-2025	2:37.48			1:35.57				
Richfield vs. Grantsvi	12-11-2025		3:00.17					1:24.80	
Richfield vs. Grantsvi	12-12-2025	2:30.45		29.54					
N. Sanpete, Juab and R	12-18-2025	2:31.76		30.16					
Cedar Jan Senior Meet	01-16-2026	2:34.28				1:08.11			
Hurricane, Delta, @ RH	01-21-2026			30.54			7:24.90		
Region 14 Championship	01-30-2026						7:17.28		
3A Utah High School St	02-13-2026		2:47.95				6:38.86		

2022-2023 2023-2024 2024-2025 2025-2026

