

Abigail Cook

Meet	Date	200 Free	200 I.M.	50 Free	100 Fly	100 Free	500 Free	100 Back	100 Breast
2022-2023 Best Times									
2023-2024 Best Times									
2024-2025 Best Times									
Viewmont @ Alta	11-14-2025			36.38		1:27.00			
Alta @ Skyline	11-20-2025			36.54		1:31.29		1:43.41	
Alta at Olympus	11-24-2025			35.61		1:25.55			
Taylorville HS vs. AL	12-02-2025			37.96		1:25.22			
2526 Alta vs. Box Elde	12-09-2025	3:10.73		38.75		1:28.36			
Canyons District Champ	12-16-2025			37.94		1:24.07			
Alta @ Riverton	01-06-2026			37.01		1:24.04			
Woods Cross, Bountiful	01-08-2026			36.83		1:25.83			
Juan Diego @ Alta	01-13-2026			34.72		1:19.42			
25-26 Alta vs MRHS	01-20-2026			37.18		1:24.66			
Alta @ Corner Canyon26	01-22-2026			37.20		1:23.08			

2022-2023 2023-2024 2024-2025 2025-2026

